

Leaflet nyampujulu yirrarnu ngulaju jija watirli, doctors watirli manu experts watirli kuja kalu experience mardani Aged Care-rla. Series nyampurluju kangku aim-i mani nyuntu nyangu wurnangka yukanjarraku Aged Care ngurra-kurraku. Nyangkalurla ngalya kari leaflets-rla questions watiki payirninjaku care-ku maninjaku. Nyampurraju kaji kanpa jana download mani: [www.10questions.org.au](http://www.10questions.org.au)

Kaji kanpa jana nyanyi nyampurraju leaflet marda kangku help-i mani:

- Nyanyi kajinparla ngurra ngurrju nyayirniki aged care facility-rlaju.
- Marda kanparla pina think jarrimi kamparru warnu ngurraku residential aged care-rla facility.
- Marda kanpa milarni jirrama jangka aged care ngurra jangka nyuntu nyinanjakulku aged care-rlaju.

Important nyayirni ka karri panu juku mardaninjaku registered nurse watiji warrki jarrinjakuju yangka meet-i maninjaku yapa kurlangu needs-ki. Payika jana questions nyarrparlu kajingkili warra warra kanyi nyuntuju kajinpa yinyarla live jarrimi.

Staff watirli kapulu jurrku wati jiki jurnarrpaju mardani yangka uniforms wati. Marda kapunpa nyanyi nurse piya kala lawa. Nyampurra kula difference watiji:

**Registered Nurse-rliji (RN)** lawa manu muku 3 year Bachelor of Nursing course-ju. Kaji kalu jija juku jala warrki jarrimi yangka pain-ki ngurrju maninjaku manu medicine yinyjaku manu kajili yapa hospital wiri kirra yukami-ki.

**Enrolled Nurse-ju (EN)** ka warrki jarrimi ngulaju RN kalu jana paajuju nyina. Jirrama juku registered by a regulatory body-rla. Registration-rliji kajana professional standards wati use-i mani manu kajili jana warra-warra kanyi public-rlangu.

**Assistants in Nursing (AIN) manu Care Workers/Care Service Employees (CSE)** Kalu warrki jarrimi yangka kalu jana supervise mani jija watirli. Manu kalu jana yinyi care residential aged care ngurrangka manu community-rla. Jalpi kai kalu levels mardani training-ki manu role-ku.



## RIGHT KANPA MARDANI YANGKA PAYIRNINJAKUJU

Palka maninjaku ngurra jinta karikiji ngulaju yanta warru nyanyjaku ngurraku wiyi.

Maya pina jarrinjaku aged care services kirli manu ngurra wati kirli ngulaju jana ring-i manta

**My Aged Care kurra**  
☎ **1800 200 422** [myagedcare.gov.au](http://myagedcare.gov.au)

Kapungkulu yinyi copy Charter of Aged Care Rights kirli - payika jana questions wati wiyi maya pina jarrinjakuju  
[www.agedcarequality.gov.au/consumers/consumer-rights](http://www.agedcarequality.gov.au/consumers/consumer-rights)

Leaflet nyampuju-julu ngurrju manu:



Panu juku list nyanyjakuju nyangka [www.10questions.org.au](http://www.10questions.org.au)

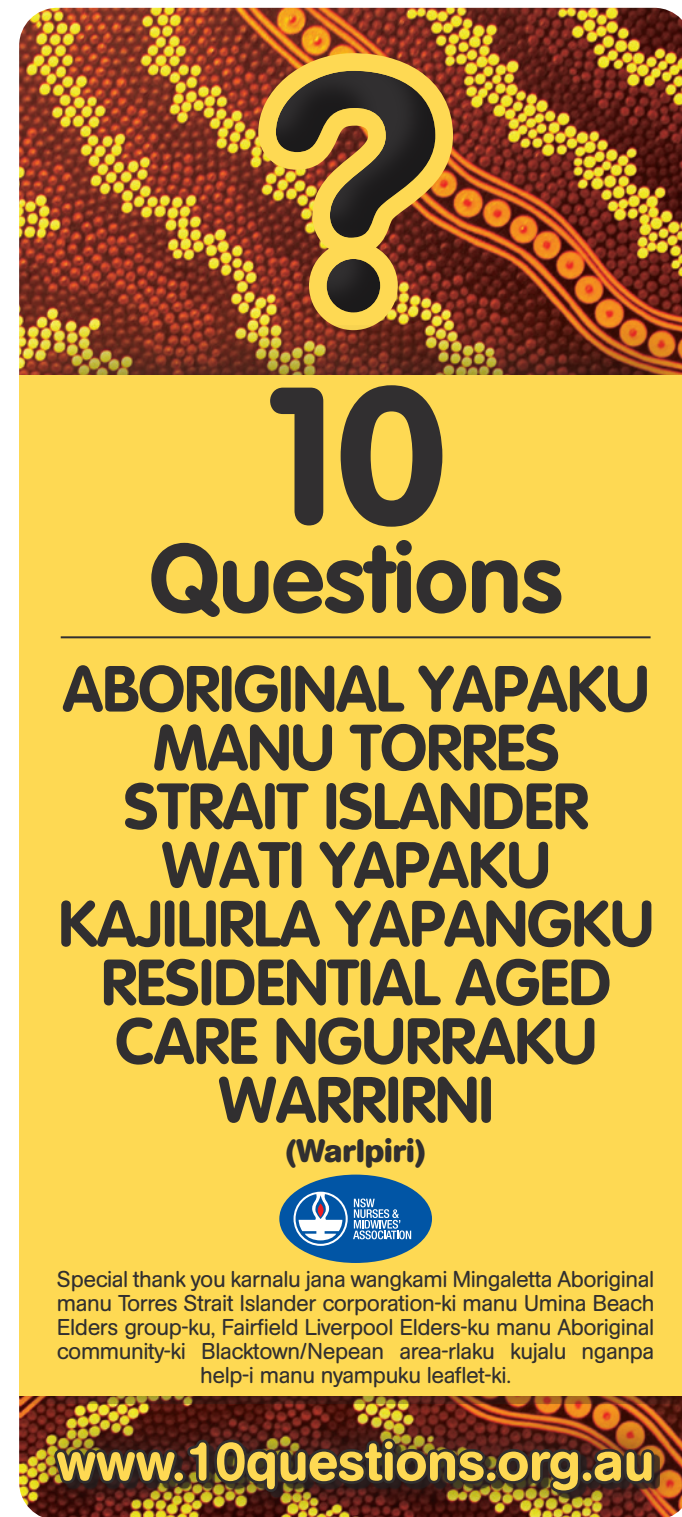
Kajinpa manngu-nyanyi ngawu residential aged care facility-ki ngulaju jana wangkaya:

☎ 1800 951 822




Australian Government  
Aged Care Quality and Safety Commission

[www.agedcarequality.gov.au](http://www.agedcarequality.gov.au)



# 10 Questions

## ABORIGINAL YAPAKU MANU TORRES STRAIT ISLANDER WATI YAPAKU KAJILIRLA YAPANGKU RESIDENTIAL AGED CARE NGURRAKU WARRIRNI (Warlpiri)



Special thank you karnalu jana wangkami Mingaletta Aboriginal manu Torres Strait Islander corporation-ki manu Umina Beach Elders group-ku, Fairfield Liverpool Elders-ku manu Aboriginal community-ki Blacktown/Nepean area-rlaku kujalu nganpa help-i manu nyampuku leaflet-ki.

[www.10questions.org.au](http://www.10questions.org.au)

*Kajinpa milarni nyiya piyaku ngurraku kanparla warrirni ngulaju marda jana payika local Elders Council, Land Council manu marda Aboriginal Medical Service. Manu jana wangkaya yapaku nyuntu nyangu community-rla. Check-i manta wiyi ngurra yinyaju Reconciliation Action Plan (RAP) kirli. Kajinpa RAP mardani ngulaju nati yinya jinta kari ngurra ngurrju jinta kari piya wangu. Ngari kalu jana recognise mani yangka kalu care ngurrju mardani Aboriginal and Torres Strait Islander, rlu manu yungulu nyiya kanti-kanti ngurrju mardani ngakalku yangka#.*

**1 Nyajangu kalu Aboriginal/Torres Strait Islander yapa patuju live jarrimi?**  
Marda kaji kangkulu help-i mani kajinpa pala jurrku kurlu language kirli nyina manu culture kurlu, kajinpalu ngurra jintangka nyina. Friend wanguju kaji kanpa nyina kutu yija kapungkulu panu kari yapaju wangkami manu support mani nyuntuju.

**2 Yapa manu Aboriginal/Torres Strait wardingkiji nyurru mayi warrkini?**  
Yungulu jana employ mani yapa Aboriginal manu Torres Strait Islander peoples wardingki patu. Mii-mii yangkalu yapa staff palka japa kalu warrki jarrimi manu nyiya piyaku strategieski kaji kalu jana encourage mani warrkini. Marda kaji kanpa kurntanji nyina questions payirninjakuju, kajili yapa warrki jarrimi ngulaju kaji kalu break-i manilki barriers-ju. Nati lani jarriya questions payirninjakuju - rights kanpa mardani. Kajili staff warrki jarrimi nyuntu nyangu cultural values kurlu ngulaju kaji kangkulu help-i mani settle jarrinjakulku.

**3 Yinyi mayi kanparlu jana cultural safety training-ji staff kiji?**  
Staff turnover-ju kaji ka karrimi kankarlu nyayirni kala ngarirli check-i manta cultural safety training yungulu jana jalangu warnu warrkiniki yinyi refresher training. Policy-ipa karriyarla cultural respect-ki staff-ki manu residents watiki. Payika jana nyarrparlu kajili manage-mani racial conflict kaji kankarlu jarrimi.

**4 Nyarrparlu kapunpa support mani ngaju nyangu cultural identity ngurrangkaju?**  
Payika jana daily routineski kajinpa yangka yani mangarri ngarninjaku manu marda kajinpa mardani bush tucker garden mampu maninjakuju. Important kajingki kujarra karrimi nyuntuku ngulaju jana payika NAIDOC weekrla Mabo Dayrla manu National Sorry Dayrla celebrate maninjakuju manu cultural events watirlangurla.

**5 Nyarrparlu kapunpa support mani ngaju nyangu cultural identityji ngurra ngka outside-ji?**  
Kaji kanpa active part-rla nyina nyuntu nyangu community-rlaju. Check-i manta nyarrpa kaji kanpa supportive, ji nyina yangka outdoors-ku manu nyuntu nyangu community-rla, manu staff manu marda mutukayi provide maninjaku. Marda kaji kangku extra cost-i mani kala ngari kutu yangka. Mardanpa kurdu jalangu warnu active nyayirni nyuntu nyangu ngurrangkaju, ngari jana check-i manta nyarrparlu kalu jana support mani.

**6 Nyarrparlu kapunpa milya pinyi manu support mani past trauma-ju?**  
Staff wati yungulpalu jana train-i mantarla yangka yapaku support maninjaku kujalu marda suffer jarrija institutional abuse, racism manu trauma, amu nyiya kanti kanti jangka family jangkarlangu manu ngurra ngurlu kuja kalu jana yilyami, support yungulpalu jana yungkarla manu counselling. Marda mardaka paintings, photos wati manu nyiya kanti kanti nyuntu nyangu culture kurlu marda flagrlangu mardaka yungungkulu staffrli milya pinyi manu kapungkulu cultural understanding jarrimilki.

**7 Nyarrparlu kanpa support mani contact with family manu friends?**  
Nyutnu nyangu family-rli manu friends watirli kaji kangkulu visit mani nyuntuju. Check-i manta visit kurlangu hours wati manu marda ngurrju japa yapangkaju nyuntuju visit maninjakuju mungangkarlangu ngunanjaku. Check-i manta arrangements nyuntu nyangu familys manu

friends nyanjaku manu changes wati nyuntu nyangu care-ki. Nyangka warrurla rumu japa ka karri garden-rla relax jarrinjaku manu wangkanjaku.

**8 Nyarrparlu kapu julu ngajuju support mani kajirna nyurnu wiri nyayirni nyina?**  
Check-i manta kajilpalu family bush jangka nyinayarla nyuntu kurlu nyuntu nyangu rumungka kajinpa nyuntu nyurnu nguna manu nyajangu family-rli kaji kangkulu visit mani. Check-i manta jana nyiya piya experience kalu mardani yapaku help-i maninjakuju ngurra kurra pina yilyanjakuju. Aboriginal Land Council-rlu kapungku help-i mani funeral cost-kuju, yungulu kujarra kula staff-rliji milya pinyi.

**9 Doctor-ju palka mayi?**  
Marda kaji ka doctor wangu karrimi marda kaji kalu use-i manu Telehealth. Kujaju kapungku doctor-rlu nyanyi online diagnosis ngurrju maninjakuju. Kaji kuja happen jarrimi ngulaju jija wati kilki kajana Doctors depend jarrimi treatment kiji yinyjakuju, important nyayirni nurses wati panu nyayirni mardaninjakuju warrkiki. Payika Doctor milya pinyi japaka Aboriginal and Torres Strait Islander health-ji manu kajilpalu advise mantarla kuja kurluju.

**10 Nyarrparlau kapulu warra-warra kanyi ngaju nyangu healthji?**  
Law ka karri jinta registered nurse kajika ngurrangkaju nyina 24/7 ji. Panu jukulu jana mardaka nurses watiji yangka needs yapa kurlanguju. Check-i mantarla jana nyajangu kalu nurse-ju myima manu warrki jarrimi manu yapa paturlangu nyajangu kalu nyina, yangka yungulu jana warra warra kanyi.